



# 2023 ANNUAL REPORT



**PRESCOTT  
COMMUNITY  
CUPBOARD  
FOOD BANK**

Platinum  
Transparency  
2023

**Candid.**

GuideStar

*A little help when you need it most*





Outgoing Board Chairman, Lee Danaher, reported a challenging, yet progressively successful year in 2023, achieving goals and meeting the rising numbers of food insecure residents in Yavapai County.

Below are a few words from Lee plus an introductory message from PCCFB's incoming new Board Chairman, Bud Heitman.

## A WORD FROM THE OUTGOING CHAIR

Dear Food Bank Family,

2023 was one for the record books here at the Cupboard! Not only was it our 50th Anniversary of serving the community, we also distributed 44% more food to 24% more individuals than in 2022.

The numbers for last year are here in the report, but I want to mention the 4,480 clients (Families) registered with PCCFB at the close of December of 2023. Those clients represent 10,498 people who benefitted from the food we supply.

None of this could have been accomplished without our generous partners, donors, founding churches, staff and of course our hard-working dedicated volunteers. We thank you all from the bottom of our hearts for your dedication and commitment to our Mission and Vision.

As we start the new year we will have 3 new board members, plus a new Chairperson and Vice-Chair to lead the Cupboard forward.

It has been my honor to serve as Chairperson for the last 2 years and to work with all the PCCFB's staff, volunteers, partners, grantors and donors. Thank you for helping us to help our community.

God Bless,

*Lee Danaher*

## A WORD FROM THE NEW BOARD CHAIR

Dear PCCFB Family,

As the new PCCFB Board Chair I am pleased to announce that the 2024 Board has launched a strategic plan for 2024 which will provide guidance for the future of the PCCFB for the upcoming year and beyond. This process provides an opportunity for the PCCFB to:

- Utilize current space at the food bank for greater efficiency
- Begin a mobile food bank initiative
- Provide a children's hunger relief program

When completed PCCFB will be distinguished as a leader for hunger relief in Yavapai County.

2024 will also begin/continue partnerships with Yavapai Food Neighbors Project, The Salvation Army Food Bank, The Food Pantry at St. Lukes and other Yavapai county entities.

Please visit our website and Facebook pages for new and updated information.

I am excited for the future of PCCFB!

Sincerely,

*Bud Heitman*

Board Chair



## ACHIEVEMENTS IN 2023

### OPERATIONS & FACILITIES

- The Walk-in Cooler was restored and is operational Heavy Duty Shelving has been added. The project was generously funded by grants from Arizona Community Foundation of Yavapai County and The United Way of Yavapai County.
- Much needed extensive repairs to the building's West wall were completed.
- We purchased 6 new correctly sized shopping carts that work well for our clients in our small lobby. Stockroom improvements were made to accommodate our new partnership with St. Mary's Food Bank.
- PCCFB upgraded our outdated computer systems with a new server and workstations in preparation for new software for security and client tracking.
- We now have a dedicated phone to reach the Warehouse Manager and Operations Supervisors during business hours directly for Volunteer and Vendors.
- We expanded our staff to 2 Managers, 2 Operations Supervisors and 2 Warehouse Assistants and recruited volunteers to work with the Warehouse team.

### SAFETY IMPROVEMENT

- Northland Cares donated NARCAN to Cupboard in the event of a drug overdose on site. This was just the first step in an overall safety plan to be implemented in 2023.
- We moved and rewired our outside security lights to function better and protect the building.
- Through a generous grant from The Dell E Webb Foundation for safety and security we have updated safety equipment at the Cupboard to include additional Fire Extinguishers, a Professional First Aid Kit, an Eye Wash Station, and an AED. We are also installing a new secure door entry system and full security system with their help. Our staff is also being trained in all the safety procedures including how to use the AED.

### RELATIONSHIP EXPANSION & NEW DEVELOPMENT

- **NEW:** We began a vendor relationship with SYSCO Foods for regular weekly delivery of dairy and other foods. They are generously negotiating prices with us because of our Non-Profit Status. SYSCO now delivers to us weekly greatly helping our local food requirements.
- **NEW:** St. Mary's approved our application and inspected our site to become our partner. They stated we would be the MODEL food bank for order and cleanliness they would site as an example to other food banks! Yay for us! We are now a purchasing partner with Feeding America through St. Mary's and saving a great amount of money on several of the staples we used to buy at the retail price. St. Mary's now delivers to us weekly helping how much we must haul in locally.
- **NEW:** We have partnered with Manzanita Outreach, and they provided large amounts of locally grown produce supporting small local farms and our clients.
- Due to our staff always being on time, polite, grateful, honoring commitments and being easy to work with, we are now receiving food donations 7 DAYS A WEEK from Frys and Safeway combined. This has led to a significant increase of fresh food for our clients.
- The Prescott Farmers Market is now donating fresh food in the mornings and at the end of the market each Saturday.
- We have expanded capacity as we continue to work with The Prescott Markets Compost Program.
- Feeding minds as well as bodies, we continue to work with Prescott Public Library's "Book Nooks" program. A volunteer visits the Book Nooks monthly to restock books. All books bear a bookplate that indicates the book is provided through The Friends of the Prescott Public Library and invites people to visit Prescott Public Library for more good reading.

### DONOR & GRANT SUPPORT GROWTH

- PCCFB was the beneficiary of numerous grants for specific projects and initiatives, with an increase in 2023 over 2022 in both monetary value and number of grantors providing support.
- Cash and food donations both were up in 2023, as well as the number of donors and average donation amounts.
- The number of food drives conducted benefitting PCCFB rose tremendously in 2023. Hosted by our founding churches, plus new churches, businesses, groups, neighborhoods and organizations, all made a significant impact with their generous donations of food, time and hard work.

*“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.”*

~ Margaret Mead





## SERVING OUR COMMUNITY'S PEOPLE

Food insecurity continues to be a major problem for middle and low-income workers and families with children, as well as seniors living on fixed incomes.

- Population growth 1.16% for Yavapai County for 2023; a slight reduction in the growth rate from 2022.
- The county poverty level was 12.5%, down just a little from 2022 and .1% less than the national average of 12.6%. Food insecurity in Yavapai County continues to climb, however, and remains substantial.

The PCCFB saw firsthand the ongoing, increasing need for food assistance among Yavapai County's individuals and families.

In 2023 the PCCFB gave out **15,840 bags of food** and **served 35,916 Individuals** - a **24% INCREASE** over 2022. That amounted to a total of **415,048 pounds of food**, an **INCREASE of 44%** over 2022.

We had 2,993 registered clients (families) in December of 2022. We ended 2023 with **4,480 registered clients (families)** in December of 2023 - a **49.7% INCREASE** over 2022. Those 4,480 registered clients (families) represent 10,498 people who benefit from the food we supply, week by week, month by month.

### WHAT KIND OF FOOD INSECURITY ARE WE SEEING?

Sometimes, it's difficult for people to understand how food insecurity happens. It most often occurs when physical, social or economic circumstances disrupt a person's access to sufficient quantities of nutritious food to remain healthy.

Food insecurity also occurs when a person has enough food in quantity, but it does not contain the *quality of nutrition* needed for a healthy life.



#### Chronic Food Insecurity

Chronic food insecurity is a persistent or long-term problem where people are unable to meet their minimum food requirements. This often results from extended periods of poverty, lack of personal assets, and decreased access to financial resources.



#### Transitory Food Insecurity

Transitory food insecurity is a temporary or short-term problem. It happens when there is a cyclical pattern of insufficient access to food, as a sudden drop in the availability of produce or access to enough food in order to maintain good nutritional status.



#### Seasonal Food Insecurity

The concept of seasonal food security falls between chronic and transitory food insecurity. As seasonal food insecurity is of limited duration, it can also be seen as recurrent, transitory food insecurity. It occurs when there is a cyclical pattern of inadequate availability and access to food. This is associated with seasonal fluctuations in the farming, as well as job/work opportunities which affect income.

### AN IMPORTANT ECONOMIC FACTOR THAT IMPACTS NEED...



#### Rising Cost of Food

Just one of many economic factors that contributes to the rise in food insecurity, is the rising cost of food.

In 2022, food prices increased by 9.9 percent, faster than any year since 1979. Food-at-home prices increased by 11.4 percent, while food-away-from-home prices increased by 7.7 percent.

In 2023, food-at-home prices increased by 5.0 percent, and food-away-from-home prices increased by 7.1 percent.

While food price growth *slowed* in 2023, bottom-line grocery expenses still rose, contributing significantly to even MORE food insecurity.



# DONORS & GRANTORS

All of these Donors and Grantors are more than just a list of names. They are generous stewards of our community and its people. Thank you for your continuing support!

100 Men Who Care  
4 Bros Ink, LLC  
Abia Judd Elementary School  
Albertsons-Safeway Foundation  
All Saints Anglican Church  
American Crown Commercial Cleaning  
American Evangelical Lutheran Church  
American Lutheran Church of Prescott  
American Online Giving Foundation  
Anonymous Non-Perishable Donors  
Anonvmous Perishable Donations  
Architects Alaska, Inc.  
Arizona Community Foundation  
Arizona Diamondbacks Foundation  
Arizona Public Service  
Aspen Grant Capital, LLC  
Basis High School  
Bayberry's Antique Dolls  
Benson Family Trust  
Bimbo Bakeries USA  
Blackbaud Giving Fund  
Bread Deoot (flower bread col  
Burton Family Foundation  
Calvary Wilhoit, Pastor Denis  
Charities Aid Foundation America  
Church of Jesus Christ of Latter-Day Saints  
Ciao Bella Restaurant, LLC  
Civt of Prescott  
Civiltec Engineering, Inc.  
Cliff Rose Neighborhood  
Costco Wholesale  
Del E. Webb Foundation  
Delta Dental of Arizona Foundation  
Diamond Outfitters, LLC  
Dignity Health  
Dr. Scholl Foundation  
Edward Jones - Dan Petz, Financial Advisor  
EFSP Phase 39 | United Way Worldwide  
EFSP Phase ARPA-A | United Way Worldwide  
Emergency Food and Shelter Program  
F & C Arruda Trust  
First Congregational United Church of Christ  
First Lutheran Church  
Founding Fathers Collective, LLC  
FrontStream SPV, LLC  
Frys Food  
Further West Productions  
Gentiva Hospice  
Gesine S Krogh Trust  
GFWC The Monday Club, Inc.  
Good 2 Go, Prescott

Granite Mountain Middle School  
Granite Peak Unitarian Universalist Church  
Harry T. Dise Charitable Trust  
Healing Kind Health & Wellness  
Heights Church  
Highlands Neighborhood  
Independent Order of Odd Fellows,  
AZ Lodge #1  
J.W. Kieckhefer Foundation  
Jack Ingebritson Foundation, Inc.  
James 4-H Camp - Mingus Springs  
James Family Prescott YMCA  
JPMorgan Chase Bank N.A.  
Keller Williams Arizona Realty  
Kelly Revocable Living Trust  
Las Fuentes Resort Village  
Lawrence Livermore National Laboratory  
L-Bell Ranch  
Macs Hot Dogs & Gyros  
Manzanita Grille  
Margaret T. Morris Foundation  
Montoya Wealth Management Group LLC  
Mortimer Farms  
Mountain Reformed Church  
Northpoint Expeditionary Learning Academy  
Oogies Dogs  
Panera Bread  
Pangaea Bakery  
PayPal Giving Fund  
PepsiCo  
Philanthropic Educational Organization,  
Prescott Area Chapters  
Phippin Museum  
PMAS, LLC  
Prescott Antique Bakerv  
Prescott Area Iris Society  
Prescott Farmers Market  
Prescott Glass & Mirror, Inc.  
Prescott High School  
Prescott Noon Lions Club  
Prescott Sunrise Lions Foundation  
Prescott Tennis Friends  
Prescott United Methodist Church  
Prescott United Methodist Women  
Prescott Valley United Methodist Church  
Prescott Vintage Market  
Priority Family Medical Clinic, LLC  
Pro Solutions Dental Group -  
Jason C Campbell, DDS  
Real Hope, Inc.  
Reinvent the World, LLC

Republican Woman of Prescott (RWOP)  
Richard & Kristine Foster Trust  
Rotary Club of Prescott  
S & M Electric, Inc.  
Sacred Heart Catholic Church  
Safeway/Albertson's  
Salt River Project  
Salvation Army Prescott  
Savage Development, Inc.  
School Superintendent of Yavapai County  
Solid Rock Christian Fellowship  
Southview Neighborhood  
St Luke's Episcopal Church  
St Mary's Food Bank  
St Paul's Anglican Church  
St. George Greek Orthodox Church Prescott  
St. Luke's Episcopal Church  
Stepping Stones  
Sticks-N-Stitches Designs, LLC  
Sunup Rotary Club of Prescott  
SYSCO Foods  
Tennant Therapy Services  
The Hatch-Miller Family Trust  
The Kroger Co. Zero Hunger | Zero Waste  
Foundation  
The William A. Pitz Living Trust  
Trinity Presbyterian Church  
U.S. Vets  
U.S.P.S. Letter Carriers  
United Way of Yavapai County  
Vanguard Charitable Trust Richard &  
Debra McClish Charitable Fund  
Village Tower, Prescott  
Wellness Health Associates, PC  
Yavapai Food Neighbors Project  
Yavapai-Prescott Indian Tribe

More than 1 in 4 children  
in Yavapai County are  
Food Insecure.  
That's  
**27.1%**  
of our children who have  
limited access to healthy,  
safe, nutritious food.





## OUR MISSION

The mission of Prescott Community Cupboard Food Bank, Inc. (PCCFB) is to serve individuals and families who are experiencing food insecurity in the surrounding areas.

## OUR VISION

The PCCFB recognizes the innate worth of every human being and accepts people as they are and seeks to assist them in receiving necessary food to support their daily nutritional needs. Our support is designed to provide supplemental food to residents in Yavapai County experiencing food insecurity.



## VOLUNTEERS

Volunteers are needed every day to help pack donated and bulk foods, and assemble bags for individuals and special programs, provide administrative support, and assist during special events. We are very fortunate to have not only our PCCFB Community Team of volunteers, but wonderful partners who provide most of our volunteers.

### 2023 VOLUNTEER HOURS

- Members of the Board donated nearly **2,182 hours**
- Other volunteers like our sorters, packers, greeters and more donated more than **5,319 hours**
- Monthly average of **443 hours**

## PCCFB STAFF

Cory West, Food Bank Manager  
John Davidson, Warehouse Manager  
David Hendrickson, Warehouse Assistant  
Mark Strother, Operations Supervisor  
Robert McDonald, Operations Supervisor  
Greg Kantz, Operations Supervisor

## BOARD OF DIRECTORS

### OFFICERS

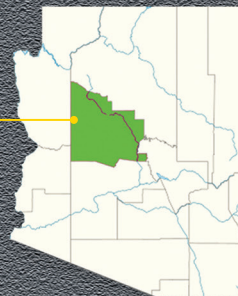
Bud Heitman, Chair  
Wayne Hallford, Vice Chair  
Joe Jenkins, Treasurer  
Kris Tabor, Secretary

### DIRECTORS

Dick Algire  
Robin Frye  
Sandy Hester  
Chelle Tayler  
Joe Walker

### OUTGOING OFFICERS

Lee Danaher  
Rick Hammond



Prescott Community Cupboard Food Bank  
(928) 277 0092

Location: 777 W. Hillside Ave., Prescott, AZ 86301

Mailing Address: P.O. Box 10123, Prescott, Arizona 86304-0123

[PrescottCommunityCupboard.com](http://PrescottCommunityCupboard.com)

Serving  
Yavapai County, AZ

